

Syndromic approach in critical microbiology

Jacques IZOPET

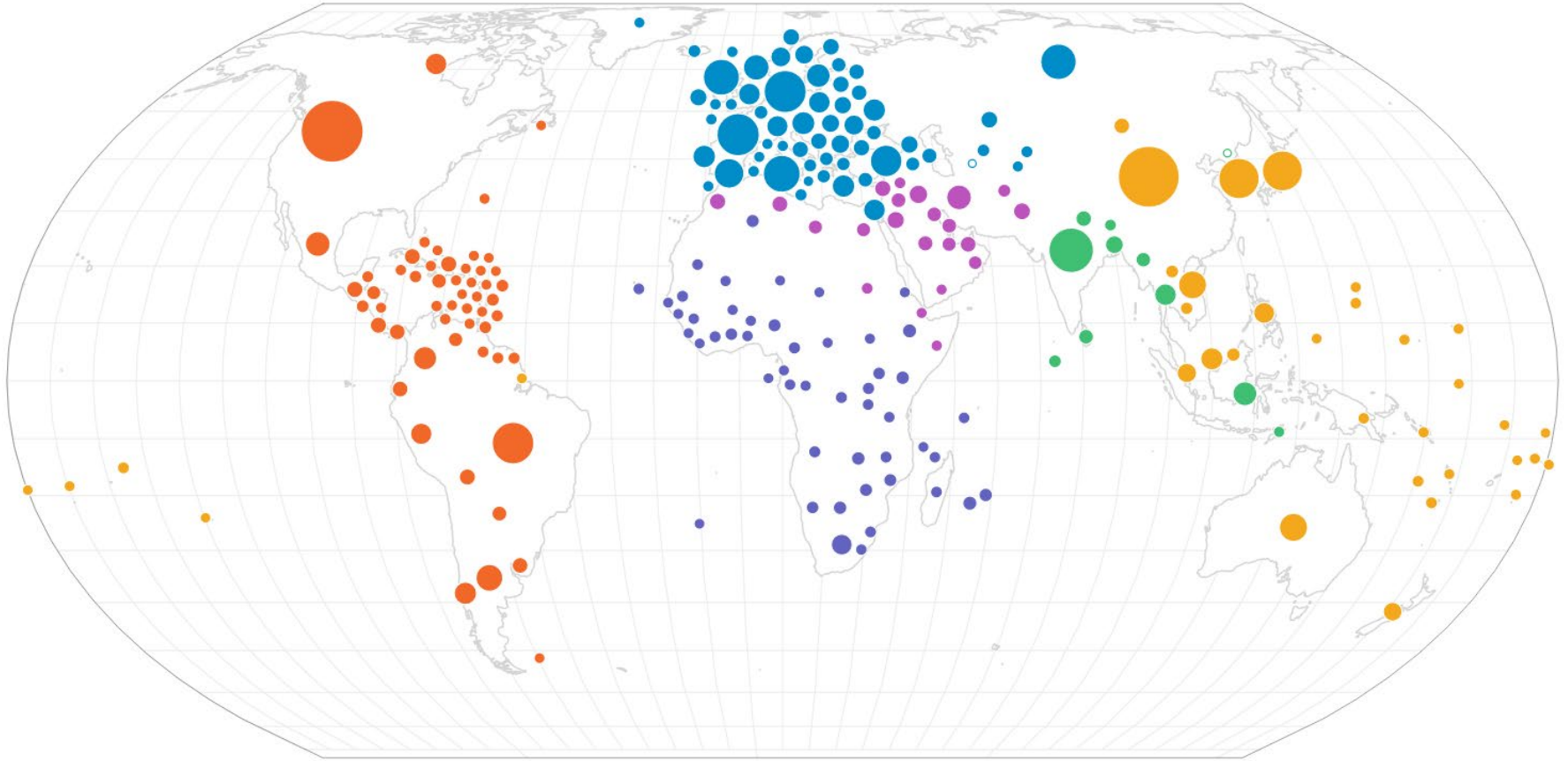
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& INFINITY INSERM UMR1291 / CNRS UMR5051









Saint-Malo – June 13, 2024

WHO – March 2024

Number of COVID-19 cases reported to WHO (cumulative total)



WHO Regions  Africa  Americas  Eastern Mediterranean  Europe  South-East Asia  Western Pacific

775,251,779

Reported COVID-19 cases

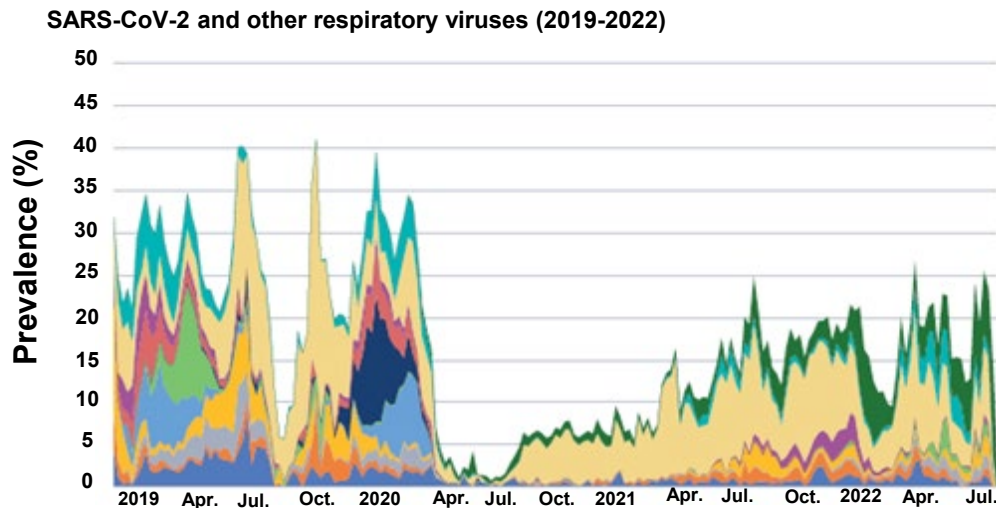
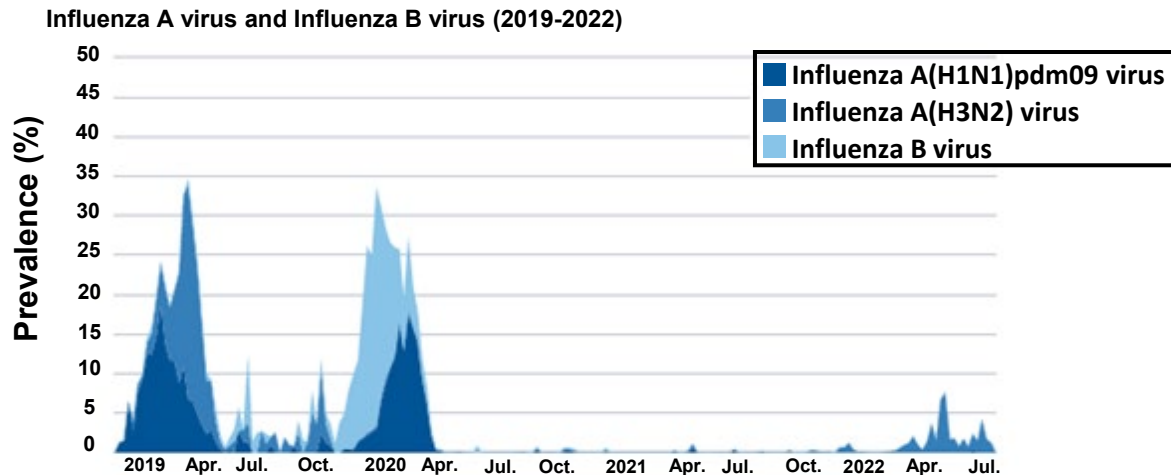
31 March 2024

7,043,660

Reported COVID-19 deaths

31 March 2024

The effects of the COVID-19 pandemic on community respiratory virus activity



What is a syndromic approach ?

**A symptom-driven method
that groups probable
pathogens into one rapid test**



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graph TD; A([A symptom-driven method that groups probable pathogens into one rapid test]) --> B[Getting the right answer in a clinically relevant time frame]; B --> C[Appropriate management decision];
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The diagram illustrates a syndromic approach through a three-step flowchart. The first step, enclosed in a blue oval, describes the method as symptom-driven and capable of grouping probable pathogens for a rapid test. A downward arrow leads to the second step, which is enclosed in a blue rectangle and focuses on obtaining the correct answer within a clinically relevant time frame. A final downward arrow leads to the third step, also in a blue rectangle, which is the appropriate management decision.

**Getting the right answer in a
clinically relevant time frame**

Appropriate management decision

Syndromic testing

- ✓ **Nucleic Acid Tests & Immunoassays**
- ✓ **2 main formats ≠ Multiple single-tests**
 - **Low-plex : < 5 targets**
 - **Multi-plex : ≥ 5 targets**
- ✓ **POC or central lab**
- ✓ **Systematic or targeted for high-risk patients and/or severe disease**

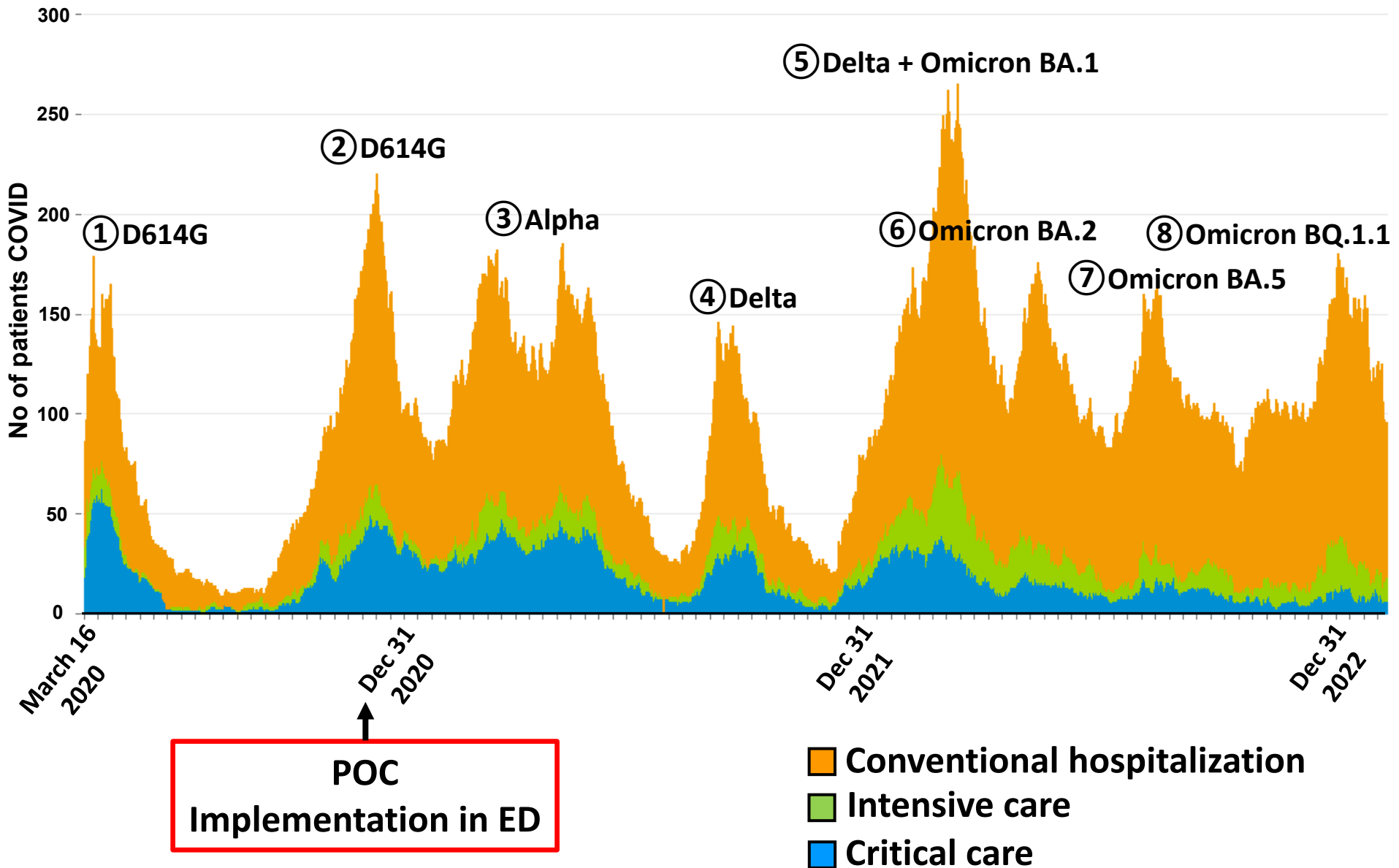
Large clinical spectrum

- ✓ **Respiratory pathogens**
- ✓ **Pathogens associated with CNS infection**
- ✓ **Gastrointestinal pathogens**
- ✓ **Other pathogens : fever, sepsis, bone and joint infection,...**

Implementation

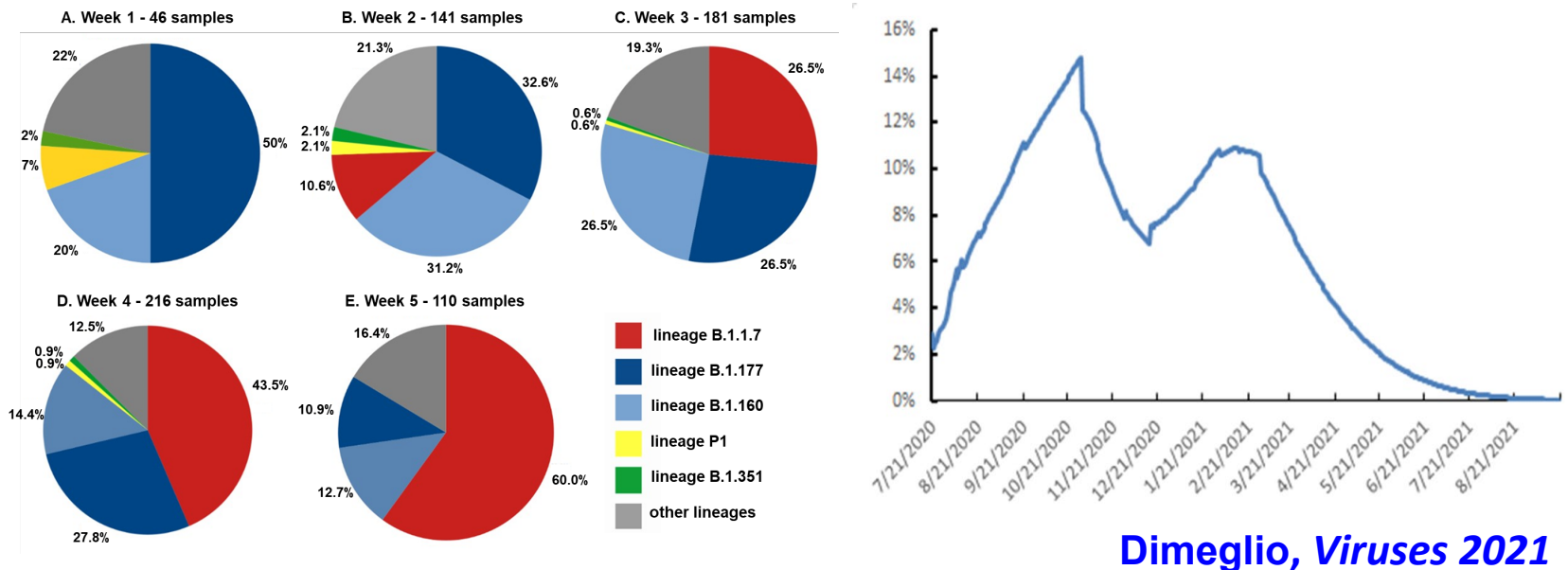
- ✓ **Before SARS-COV-2 emergence**
 - ➔ **contemplation of rapid molecular testing, mostly in central lab**
- ✓ **During the sanitary crisis 2020-2022**
 - ➔ **response in ED with switch to POC, mainly SARS-COV-2**
- ✓ **After the sanitary crisis 2023-**
 - ➔ **consolidation... and extension beyond SARS-COV-2**

The successive waves



Toulouse University Hospital

- ✓ Emergence of variant alpha with increased transmissibility



- ✓ Challenge to reduce the time-to-result in ED despite H24 & 7/7 in the central lab
 - specimen shipping : too long
 - registration in the LIS: too long

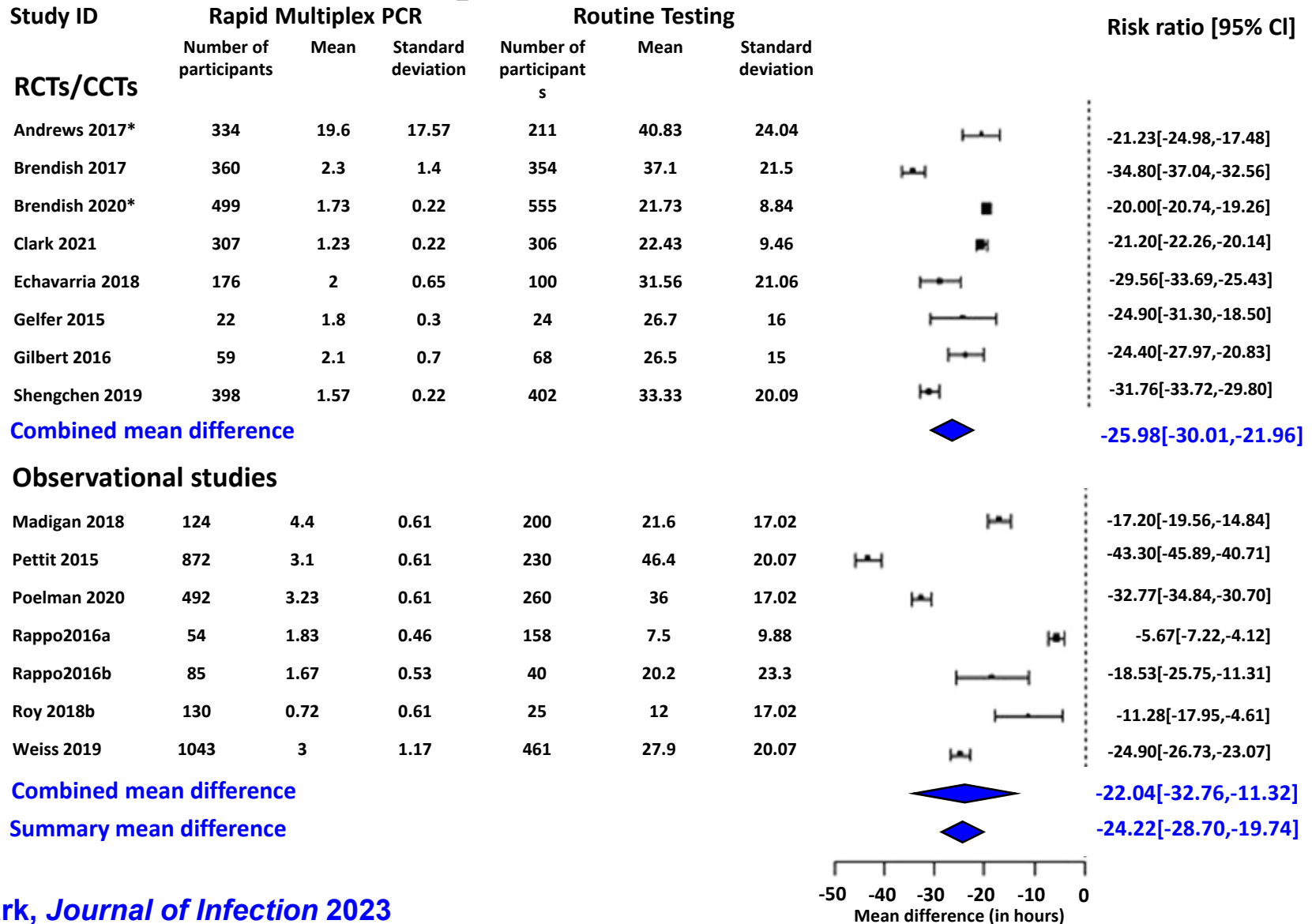
ID-NOW system - Abbott

- ✓ **3 instruments / site : 40-50 tests / day on each site**
- ✓ **Fast installation with connexion to the LIS in less than 1 week**
- ✓ **Training of 90 (Purpan) and 68 (Rangueil) users**
- ✓ **Major success :**
 - **Strong reduction of TAT : 8-12h**
 - **Strong reduction of phone calls to the lab**
 - **Invalid results < 3 %**

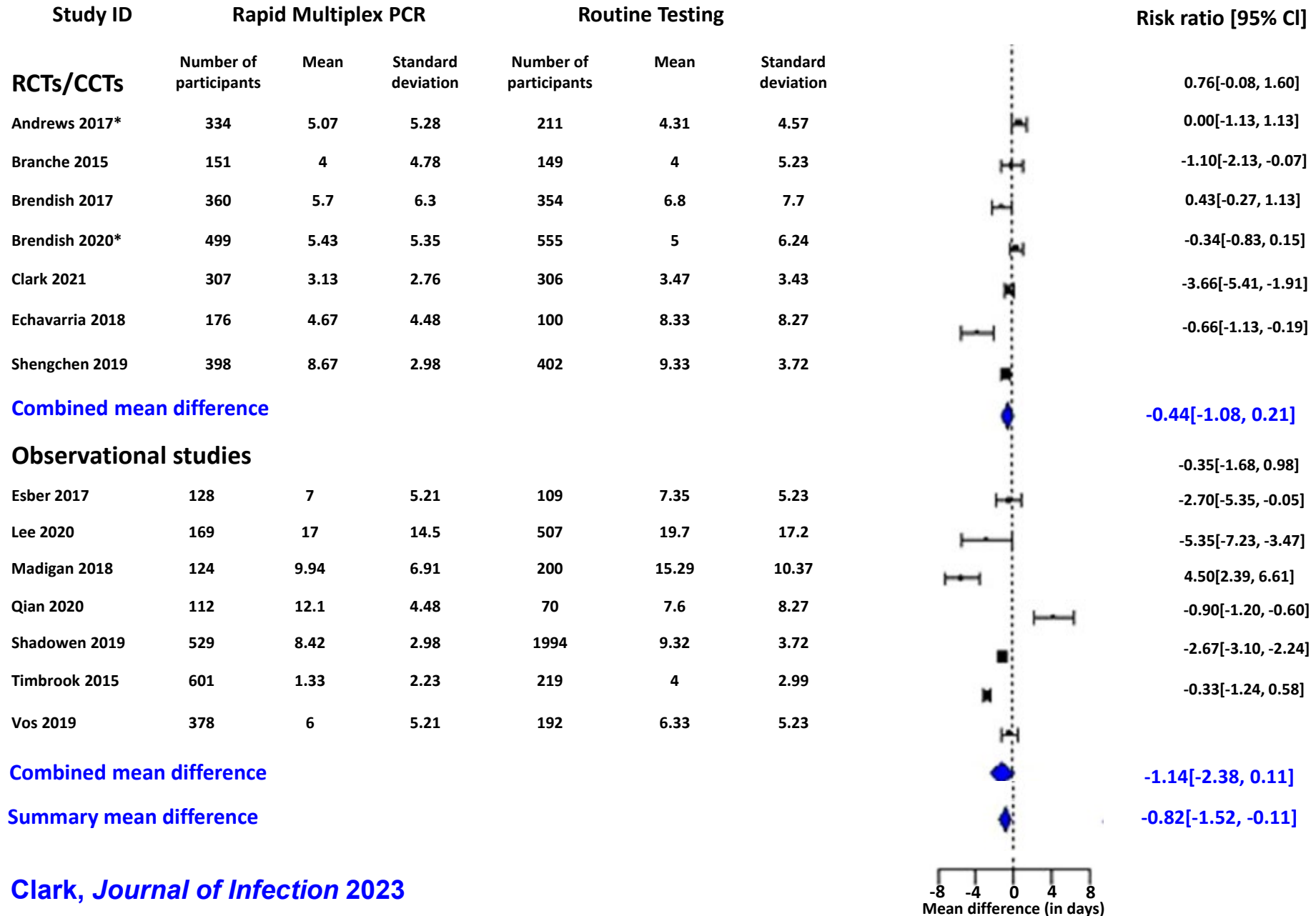
Clinical impact of POC SARS-CoV-2

Type of study	POC system	Comparator Central lab test	Time to result TTR reduction	Length of stay LOS reduction
Monocentric				
Gerlier, 2020	ID-NOW, Abbott	Simplexa, Diasorin	4.34 h vs 10.7min	↓
Baron, 2022	ID-NOW, Abbott	Xpert, Cepheid Film Array BM	4.4 vs 1.9 h	↓
Brendish, 2020	QIA stat-DX, Qiagen	LDT-PCR	21.3 vs 1.7 h	↓
Multicentric (n=6)				
Cancella de Abreu, 2023 1009 pts before 329 pts after	ID-NOW, Abbott QIA stat-DX, Qiagen	Cobas, Roche	10.3 vs 3.1 h	18.1 vs 7.1 h

TTR reduction with rapid multiplex PCR & impact on clinical care

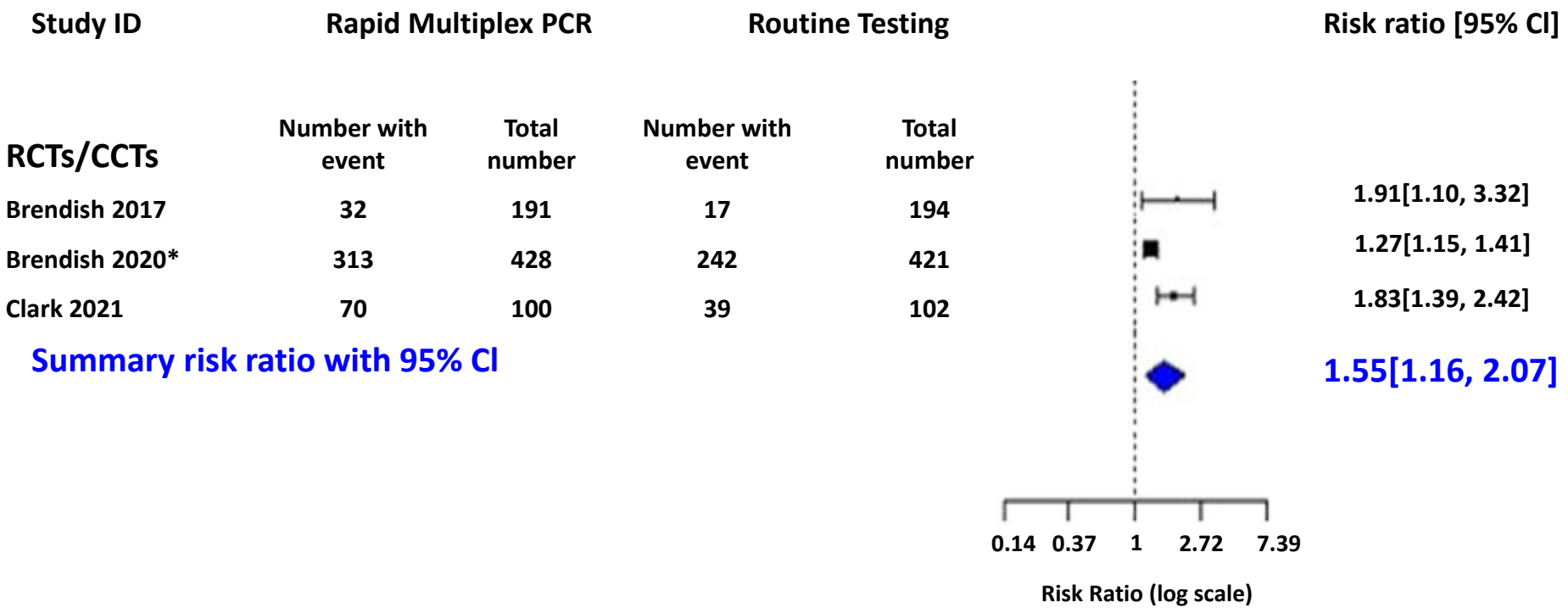


LOS rapid multiplex PCR

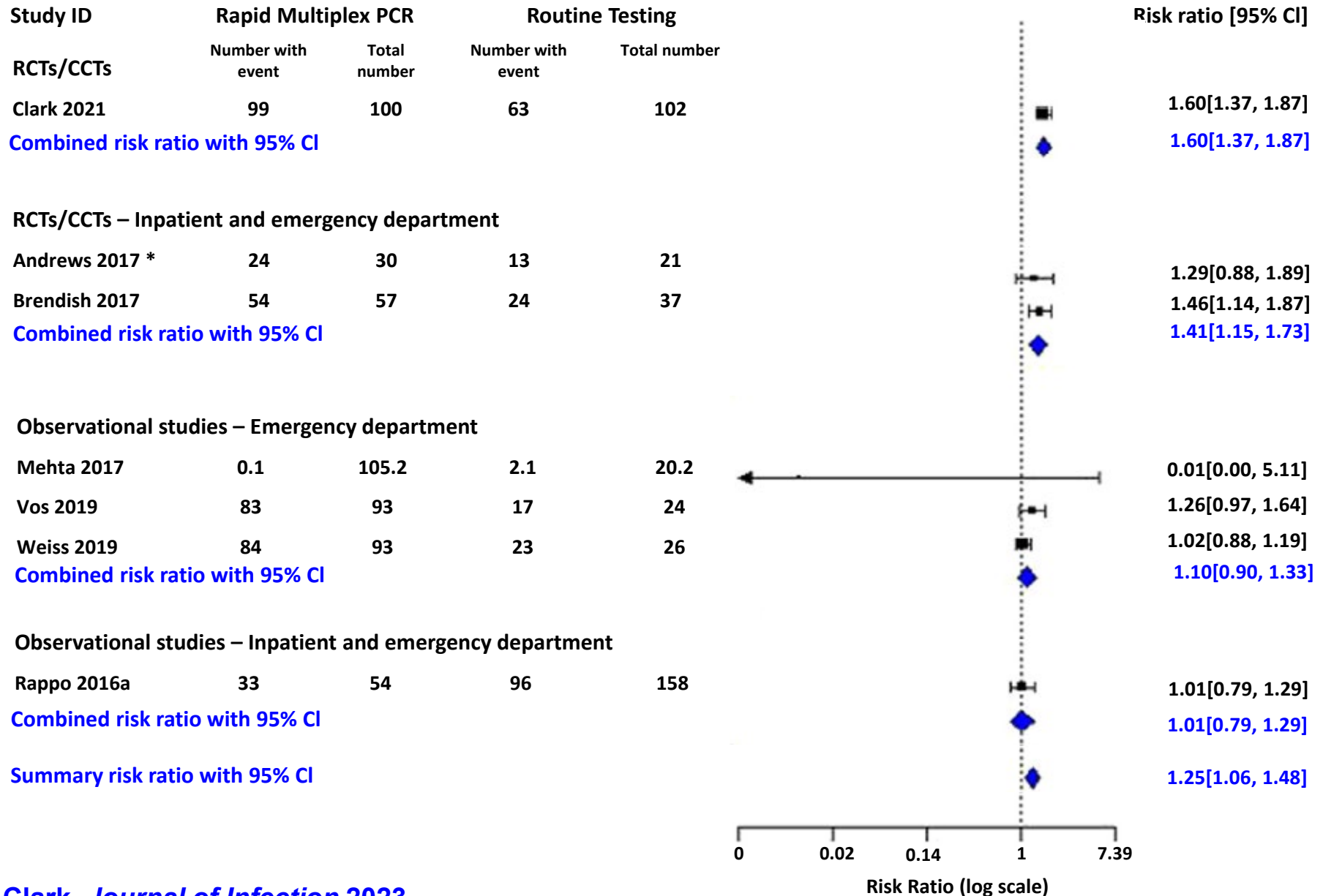


Clark, *Journal of Infection* 2023

Appropriate infection prevention control



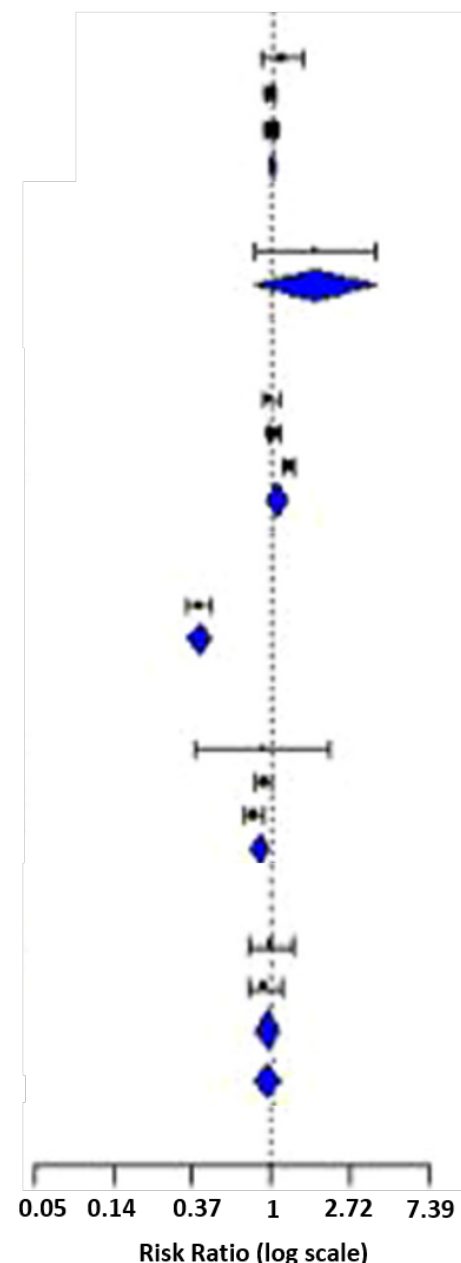
Appropriate Influenza antiviral use



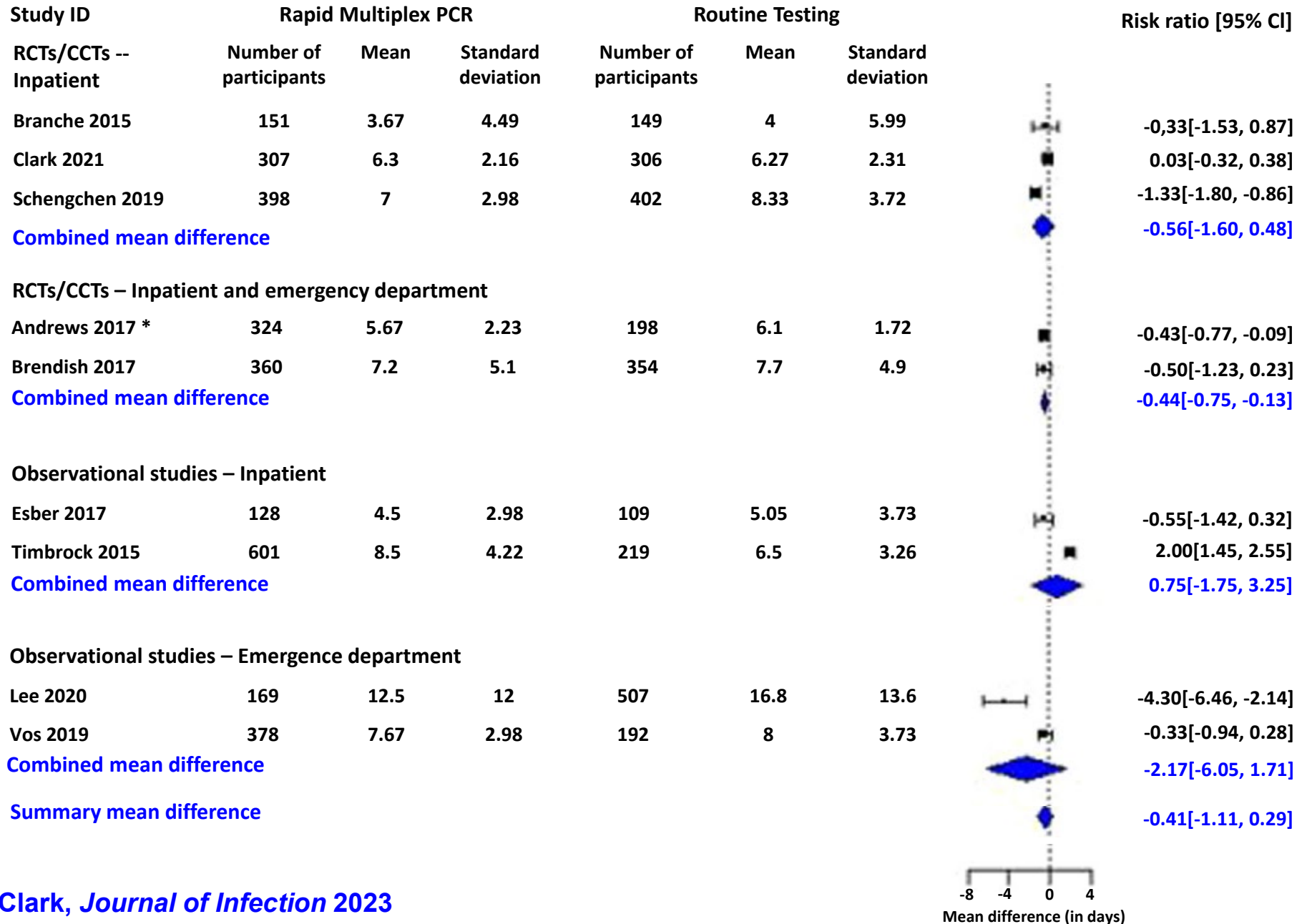
Proportion of patients treated with antibiotics

Study ID	Rapid Multiplex PCR		Routine Testing		Risk ratio [95% CI]
RCTs/CCTs	Number with event	Total number	Number with event	Total number	
Branche 2015	69	151	61	149	1.12[0.86, 1.45]
Clark 2021	271	307	278	306	0.97[0.92, 1.03]
Shengchen 2019	367	398	377	402	0.98[0.95, 1.02]
Combined risk ratio with 95% CI					
RCTs/CCTs – Emergency department					
Gelfer 2015	11	22	7	24	1.71[0.81, 3.63]
Combined risk ratio with 95% CI					
RCTs/CCTs – Inpatient and emergency department					
Andrews 2017*	243	324	152	198	0.98[0.88, 1.08]
Brendish 2017	301	360	294	354	1.01[0.94, 1.08]
Brendish 2020*	418	499	387	555	1.20[1.12, 1.28]
Combined risk ratio with 95% CI					
Observational studies – Inpatient					
Timbrock 2015	170	601	156	219	0.40[0.34, 0.46]
Combined risk ratio with 95% CI					
Observational studies – Emergency department					
Mehta 2017	23	105	5	20	0.88[0.38, 2.03]
Vos 2019	260	378	147	192	0.90[0.81, 1.00]
Weiss 2019	156	234	93	110	0.79[0.70, 0.89]
Combined risk ratio with 95% CI					
Observational studies – Inpatient and emergency department					
Rappo 2016a	30	54	89	158	0.99[0.75, 1.30]
Rappo 2016b	62	85	32	40	0.91[0.75, 1.12]
Combined risk ratio with 95% CI					
Summary risk ratio with 95% CI					

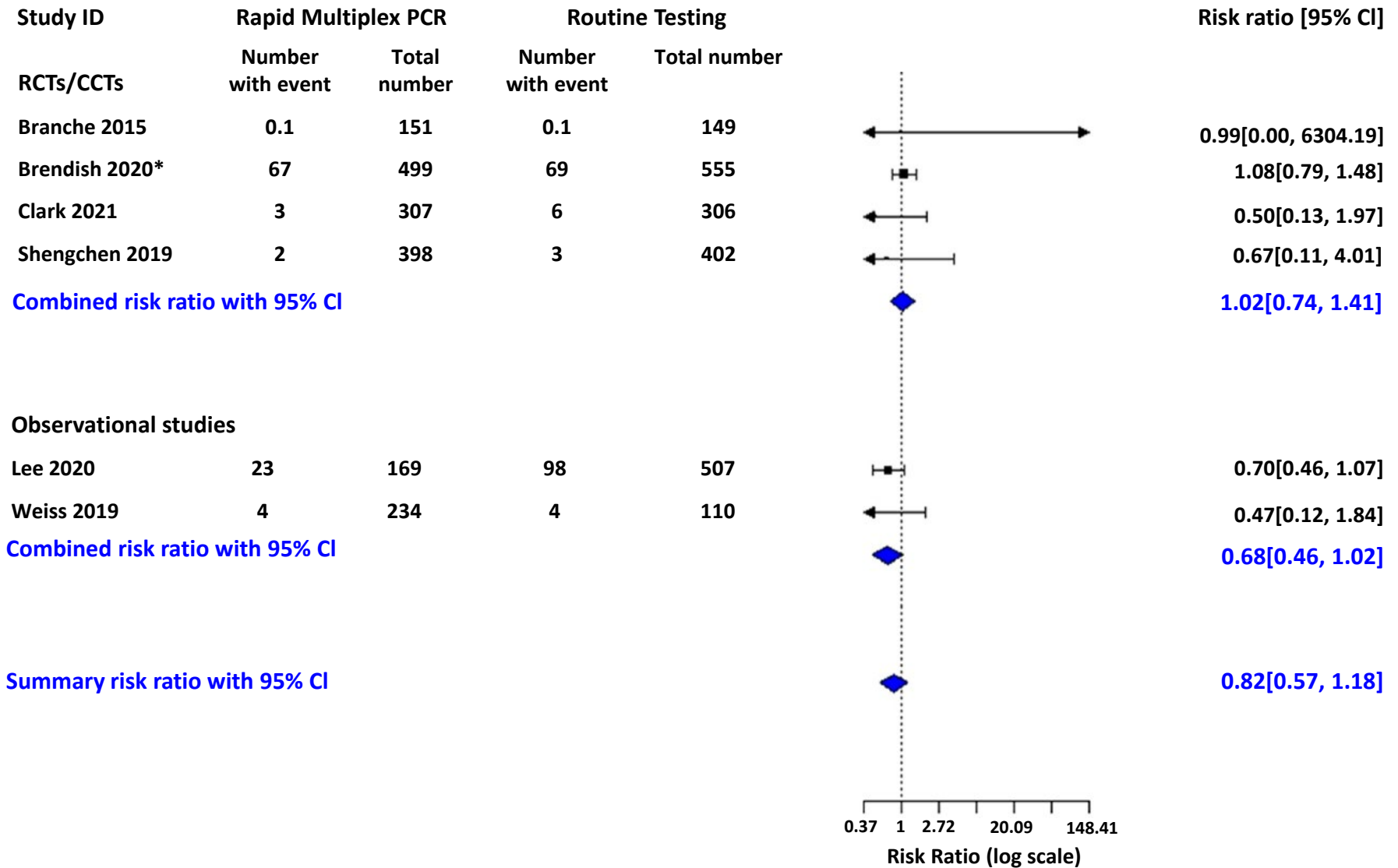
Study ID	Risk ratio [95% CI]
Branche 2015	1.12[0.86, 1.45]
Clark 2021	0.97[0.92, 1.03]
Shengchen 2019	0.98[0.95, 1.01]
Combined risk ratio with 95% CI	0.98[0.95, 1.01]
Gelfer 2015	1.71[0.81, 3.63]
Combined risk ratio with 95% CI	1.71[0.81, 3.63]
Andrews 2017*	0.98[0.88, 1.08]
Brendish 2017	1.01[0.94, 1.08]
Brendish 2020*	1.20[1.12, 1.28]
Combined risk ratio with 95% CI	1.06[0.93, 1.20]
Timbrock 2015	0.40[0.34, 0.46]
Combined risk ratio with 95% CI	0.40[0.34, 0.46]
Mehta 2017	0.88[0.38, 2.03]
Vos 2019	0.90[0.81, 1.00]
Weiss 2019	0.79[0.70, 0.89]
Combined risk ratio with 95% CI	0.85[0.75, 0.96]
Rappo 2016a	0.99[0.75, 1.30]
Rappo 2016b	0.91[0.75, 1.12]
Combined risk ratio with 95% CI	0.94[0.80, 1.10]
Summary risk ratio with 95% CI	0.97[0.78, 1.09]



Duration of antibiotic use



Mortality



Clinical outcome of rapid respiratory virus testing in ED

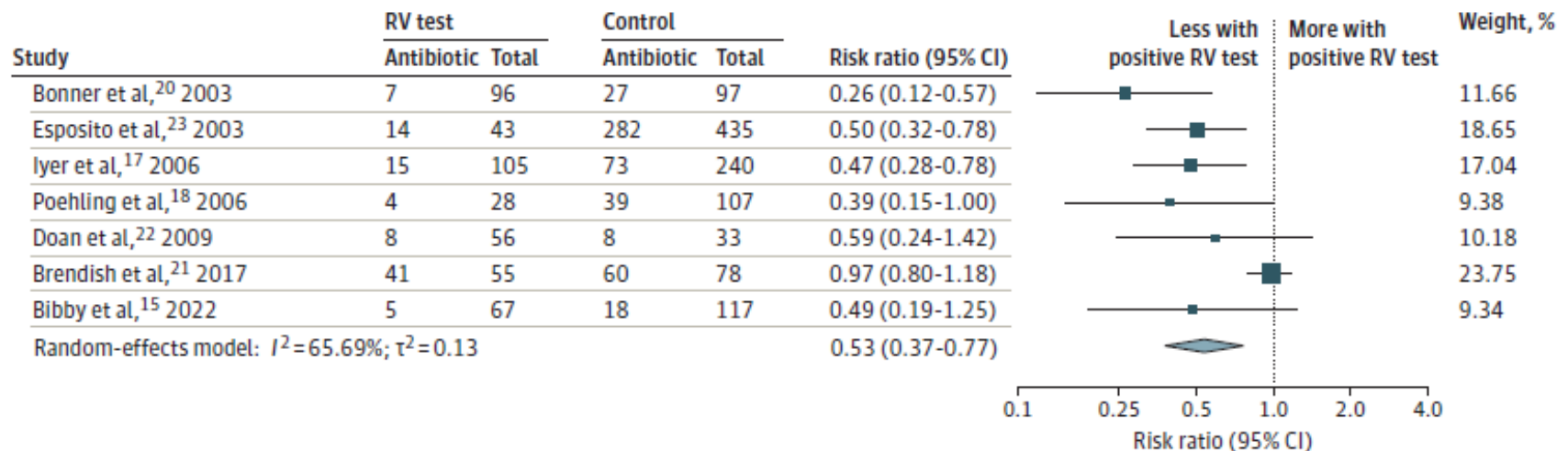
Study	Study design	No. of patients	Age range	Setting: country	Target & type of rapid test	Rapid test	Comparator
Bonner et al, 2023	RCT	391	2 mo to 21 y	ED; US	Influenza ; antigen	FluOIA Biostar	Same test, result unknown
Esposito et al, 2023	RCT	957	0-15 y	ED; Italy	Influenza ; antigen	Sofia Quickvue	No test
Iyer et al, 2005	Quasi-RCT (alternating days)	700	2-24 mo	ED; US	Influenza ; antigen	Sofia Quickvue	No test
Phoeling et al, 2006	Quasi-RCT (randomized days)	305	<5 y	ED; US	Influenza ; antigen	Sofia Quickvue	No test
Doan et al, 2009	RCT	199	3-36 mo	ED; Canada	Multiple; immunofluorescence	SimulFluor	Routine care
Brendish et al, 2017	RCT	279	≥18 y	ED and acute medical unit; UK	Multiple; molecular	BioFire FilmArray	Routine care
Echavarria et al, 2018	RCT	432	2 mo to 6 y	ED; Argentina	Multiple; molecular	BioFire FilmArray	Immunofluorescence
May et al, 2019	RCT	191	≥18 mo	ED; US	Multiple; molecular	BioFire FilmArray	Routine care
Bouزيد et al, 2021	Quasi-RCT (alternating weeks)	474	≥18 y	ED; France	Multiple; molecular	QIAstat-Dx	Respiratory panel in centralized laboratory
Rao et al, 2021	RCT	908	1 mo to 18 y	ED; US	Multiple; molecular	BioFire FilmArray	Routine care
Bibby et al, 2022	Quasi-RCT (alternating days)	421	All age groups	ED and inpatients; Canada	Influenza and RSV; molecular	Xpert Xpress	Respiratory panel in centralized laboratory
Matilla et al, 2022	RCT	1243	0-17 y	ED; Finland	Multiple; molecular	QIAstat-Dx	Routine care

Results for rapid viral test availability

Outcome	No. of studies	No. of patients	Summary
Antibiotic use	11	6068	Little or no difference
Influenza antiviral use	7	2969	Probably increases
Chest radiography	8	4408	Probably decreases
Blood test	5	2552	May decrease
Urine analysis/culture	4	1595	Little or no association
ED length of stay	4	2333	Little or no difference
ED return visit	7	3520	Little or no difference
Hospitalization	9	5489	Little or no difference

Association of a positive rapid viral test with antibiotic use

RV positive vs negative test result



Antibiotic prescribing according to rapid viral test availability

Category	Subgroup	No. of studies	No. of patients	Relative association estimate (risk ratio)	Absolute association estimate (risk difference)	Subgroup comparison
Age	Children and adolescents	9	5105	0.97 (95% CI, 0.83 to 1.12)	-0.01 (95% CI, 0.05 to 0.02)	<i>P</i> = .82
	Adults	4	963	0.98 (95% CI, 0.89 to 1.09)	-0.01 (95% CI, 0.07 to 0.05)	
Test type	Traditional (antigen and immunofluorescence)	5	2552	0.91 (95% CI, 0.77 to 1.07)	-0.03 (95% CI, 0.07 to 0.01)	<i>P</i> = .26
	Molecular	6	3516	1.01 (95% CI, 0.92 to 1.12)	-0.01 (95% CI, 0.03 to 0.05)	
No. of targets	Monoplex (influenza)	4	2353	0.91 (95% CI, 0.76 to 1.09)	-0.03 (95% CI, 0.08 to 0.02)	<i>P</i> = .32
	Multiplex (≥2)	7	3715	1.01 (95% CI, 0.93 to 1.09)	-0.005 (95% CI, 0.03 to 0.04)	
Risk of bias	Low risk of bias	7	4168	0.95 (95% CI, 0.82 to 1.10)	-0.02 (95% CI, 0.06 to 0.03)	<i>P</i> = .73
	High risk of bias	4	1900	0.99 (95% CI, 0.87 to 1.12)	-0.0005 (95% CI, 0.04 to 0.05)	
Industry funding	None	7	4074	0.97 (95% CI, 0.90 to 1.03)	-0.02 (95% CI, 0.05 to 0.00)	<i>P</i> = .57
	Industry funding	4	1994	1.05 (95% CI, 0.79 to 1.39)	-0.01 (95% CI, 0.05 to 0.07)	

Potential interest of host response markers

The diagnosis of a virus does not rule out the presence of concomitant bacterial infection

Finger-prick blood & LFD

**FebriDx-Lumos Diagnostics
MxA-CRP**

NPV > 92 %

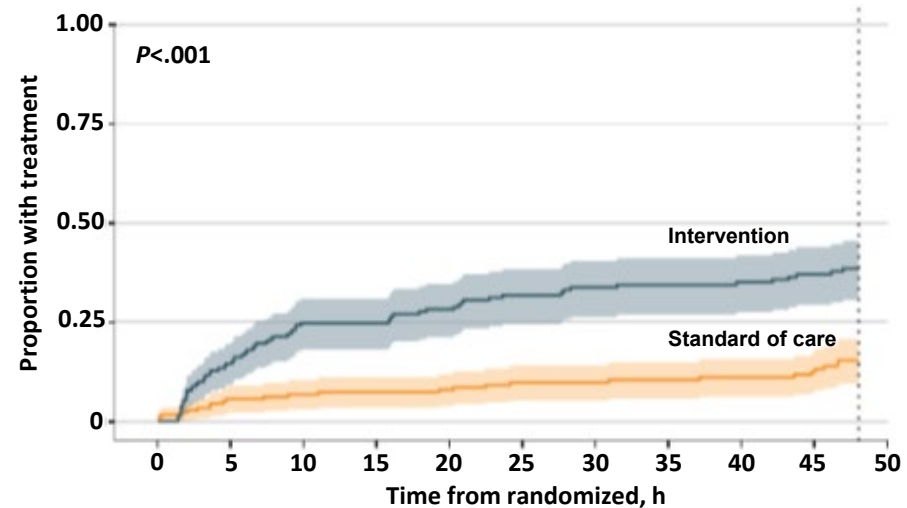
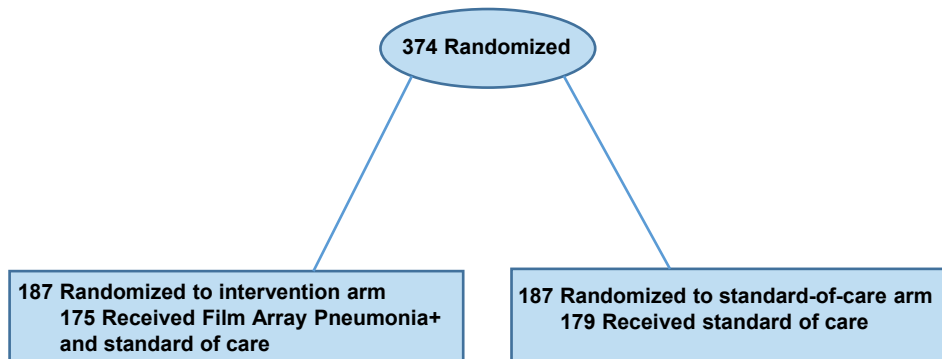
Brendish, *Journal of Infection* 2024

**MeMed BV
TRAIL-CRP-IP10**

NPV > 98 %

**Van Houten, *Lancet ID* 2017
Papan, *Clin Microbiol Infect* 2022**

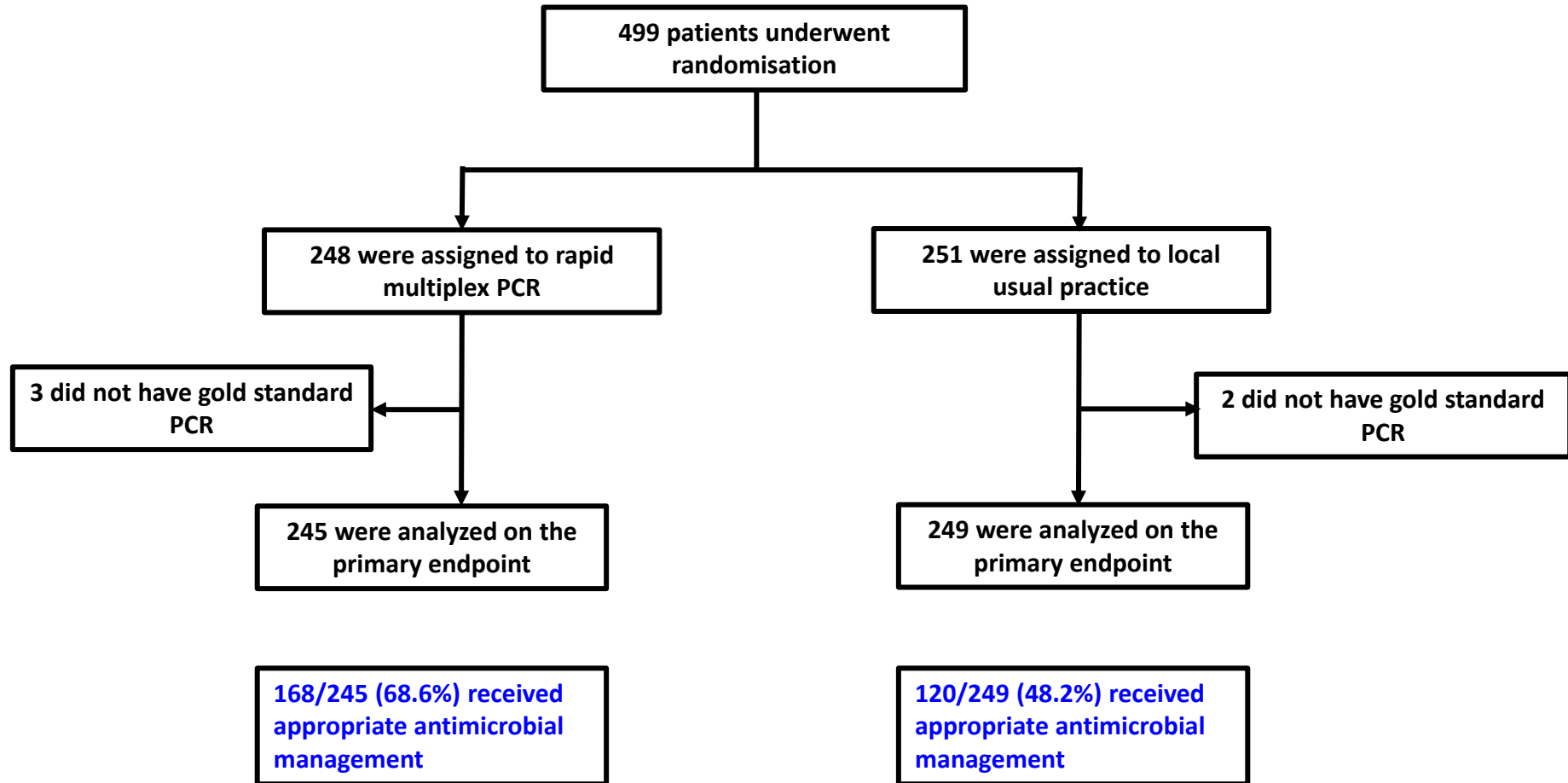
CAPNOR – Monocentric study in Norway of syndromic molecular testing in adult ED



No. at risk

Standard of care	187	163	160	159	155	142	136	134	133	124	0
Intervention	187	149	131	130	120	108	101	100	99	91	0

OPTIPAC – French multicentre study in paediatric ED (n=11)



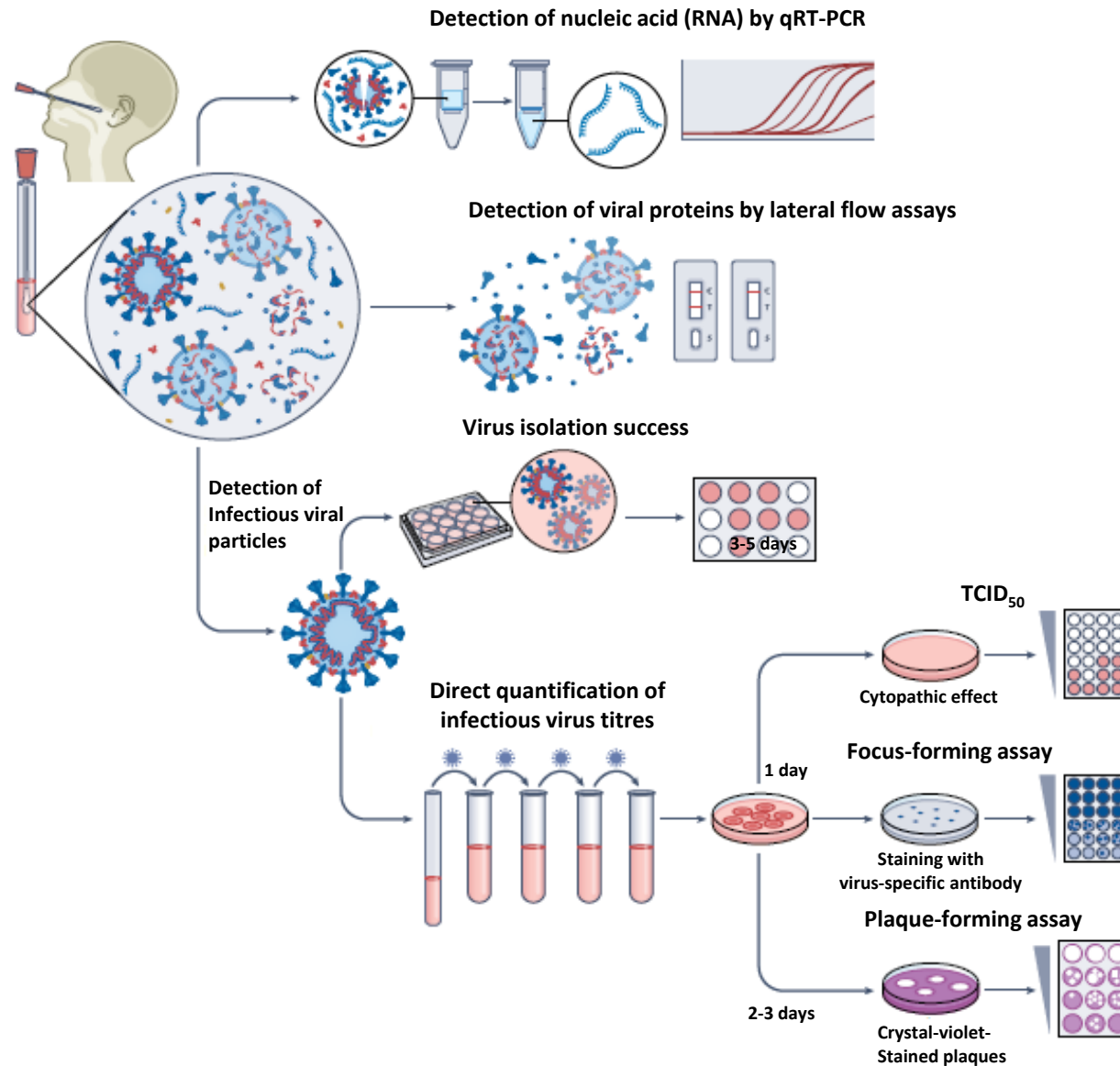
French guidelines

Patient type SYMPTOMATIC HOSPITALIZED and type of service	Quadruplex test detecting: - Influenza A/B virus - RSV - SARS-CoV-2	Extended multiplex PCR or completed panel with adaptation according to local equipment
Adult patient WITHOUT risk of serious form	Recommended	Not recommended
Adult patient WITH risk of serious form	Recommended	Recommended as second-line if quadruplex test negative and impact on treatment
Patient in service of resuscitation#	Recommended	Recommended straight away if possible
Immunocompromised patient	Recommended	Recommended straight away if possible
Medical-social or health establishment or EHPAD	Recommended	Not recommended
Patient in geriatrics department	Recommended	Recommended as second intention if tested negative quadruplex and impact on care or allowing a strengthening of prevention measures and avoiding nosocomial transmissions

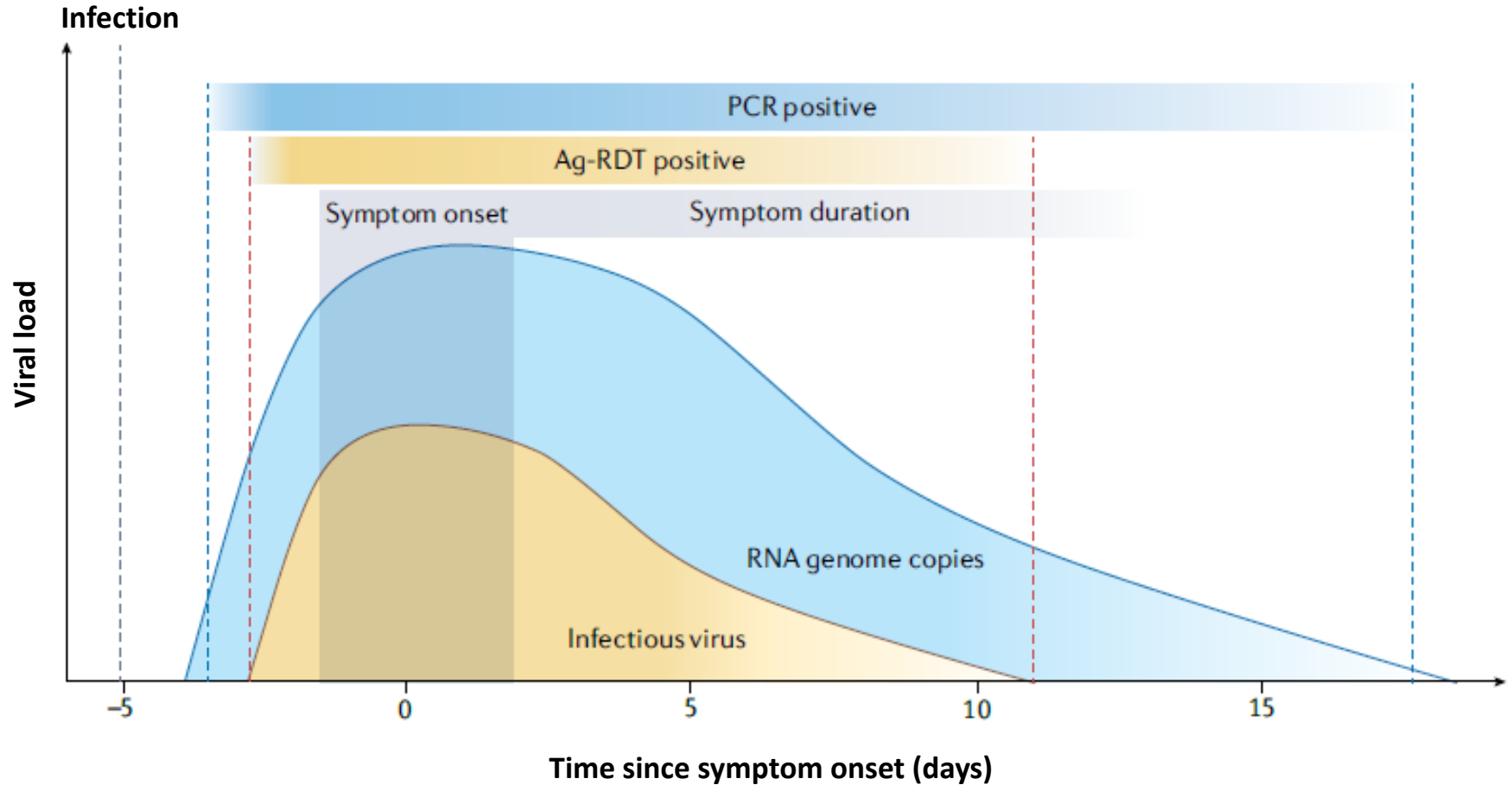
French guidelines

Patient type SYMPTOMATIC HOSPITALIZED and type of service	Quadruplex test detecting: - Influenza A/B virus - RSV - SARS-CoV-2	Extended multiplex PCR or completed panel with adaptation according to local equipment
Child WITH or WITHOUT risk of serious form	Recommended	Recommended from the outset if foreseeable impact on care, particularly outside periods of circulation of influenza viruses and RSV
Pregnant woman	Recommended	Not recommended
Exploring a cluster	Recommended, use a test detecting the infectious agent responsible for the cluster	
Healthcare personnel in contact with people likely to make a serious disease	Recommended	Not recommended

Virological tools



Interpretation



Rapid antigenic multiplex test vs multiplex molecular assay in a paediatric population

All in Triplex AAZ POC	Panther Fusion system Hologic on sample dilution buffer Central lab							
	Flu A/B	RSV	SARS- CoV-2	RHV	MPV	ADV	ParaFLu	Negative
Flu A/B	4	0	0	0	0	0	0	0
RSV	0	21	0	8	5	2	0	0
SARS- CoV-2	0	0	6	2	0	1	0	0
Negative	0	6	2	10	5	0	5	
Sensitivity	100 %	75 %	75 %					

Respiratory Metagenomics

CLINICAL



Population: intubated
ICU patients



Sampling: BAL, tracheal
aspirate, or pleural fluid

Median
Turnaround time:

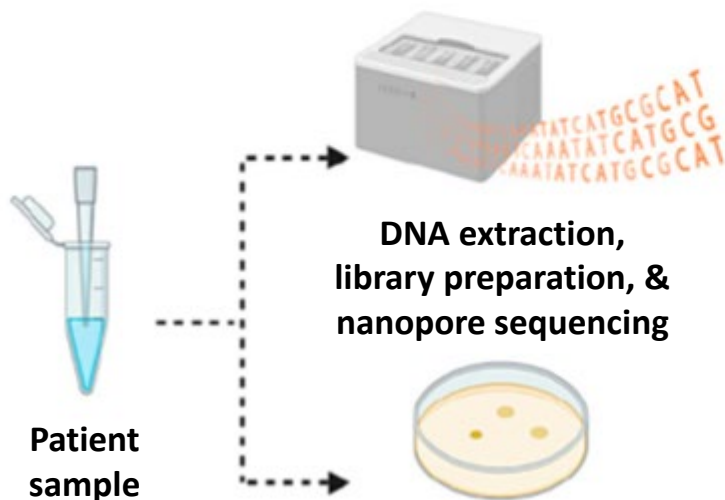
6.7 hours



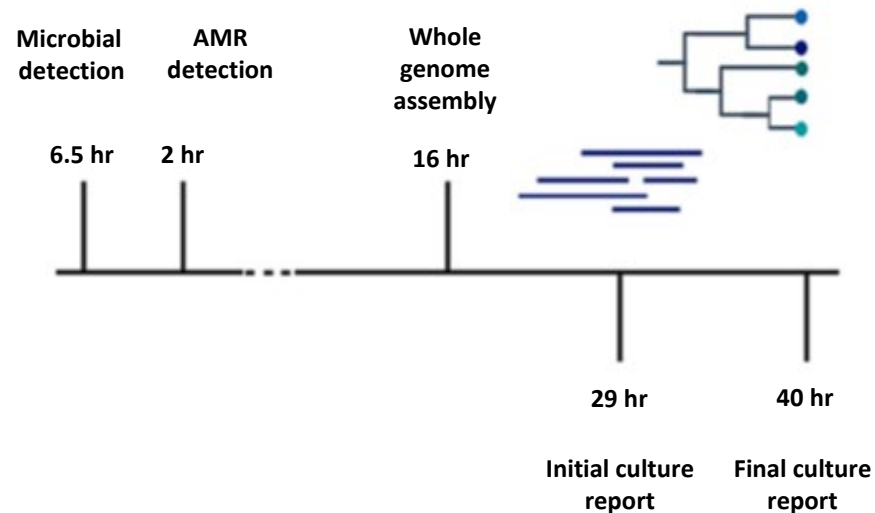
Clinical reporting:

1. Detection of bacterial pathogens and DNA viruses
2. Early tailoring of antibiotics
3. Outbreak investigations

LABORATORY



Routine microbiology

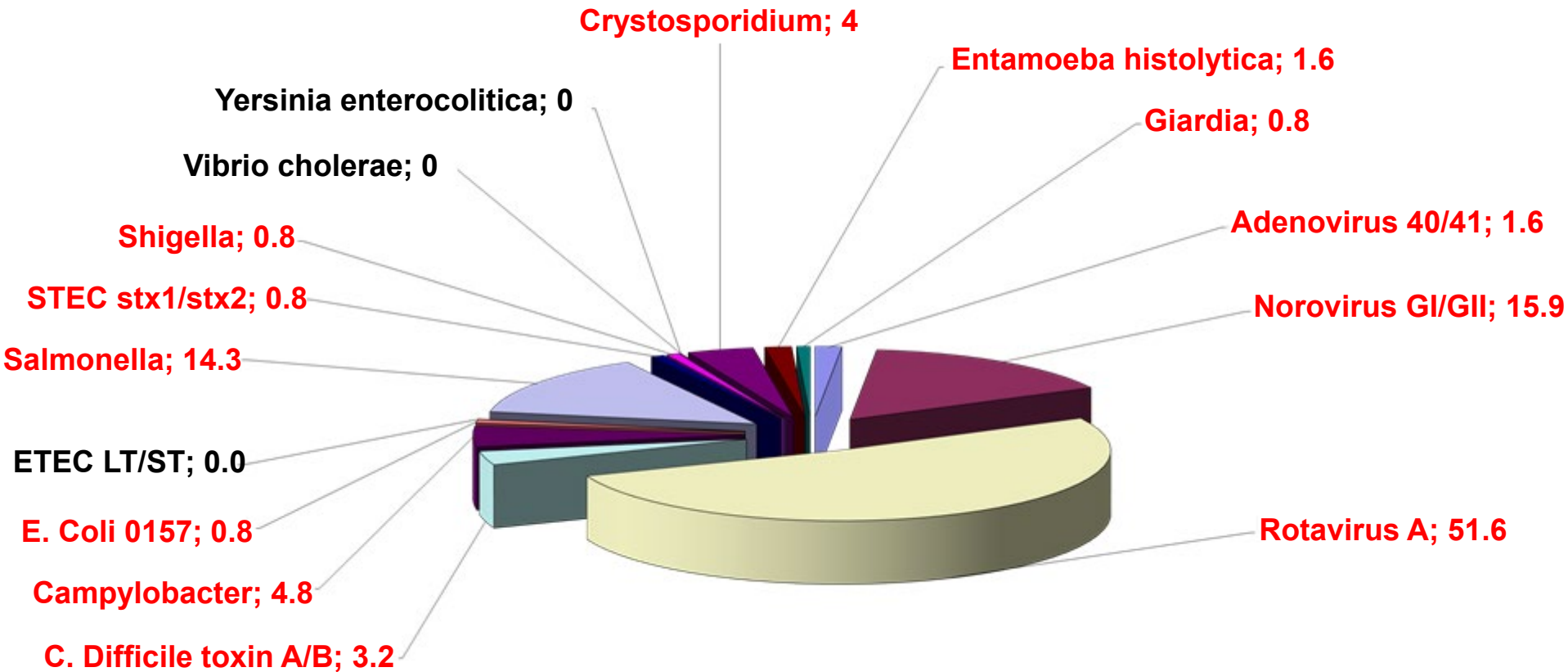


Multiplex PCR gastrointestinal pathogen panels

	Manufacturer	Separate nucleic acid extraction required?	Time to result	Laboratory throughput	Rotavirus	Norovirus	Sapovirus	Adenovirus	Astrovirus
BioCode Gastrointestinal Pathogen Panel	Applied BioCode	Yes	3.5-5h	Up to 96	Yes	Yes	No	Yes	No
BD MAX Enteric Viral Panel	Becton, Dickinson and Company	No	3.5-4h	Up to 24	Yes	Yes	Yes	Yes	Yes
BioFire FilmArray Gastrointestinal Panel	bioMérieux	No	1h	1	Yes	Yes	Yes	Yes	Yes
VERIGENE Enteric Pathogen Test	Luminex Corporation	No	2h	1	Yes	Yes	No	No	No
xTAG Gastrointestinal Pathogen Panel	Luminex Corporation	Yes	5h	Up to 24	Yes	Yes	No	Yes	No
GastroFinder 2Smart	PathoFinder	Yes	2.5h	1	Yes	Yes	Yes	Yes	Yes
QIAstat-Dx Gastrointestinal Panel	QIAGEN	No	1h	1	Yes	Yes	Yes	Yes	Yes
RIDA GENE Viral Stool Panel III	R-Biopharm AG	Yes	1-2h	Up to 96	Yes	Yes	No	Yes	No
Allplex Gastrointestinal Panel	Seegene	Yes	5h	Up to 96	Yes	Yes	Yes	Yes	Yes
EntericBio Viral Panel 3	Serosep	No	1.5-3h	Up to 46	Yes	Yes	Yes	Yes	Yes

Gastrointestinal pathogens

Luminex-based molecular assay – Core lab 4h



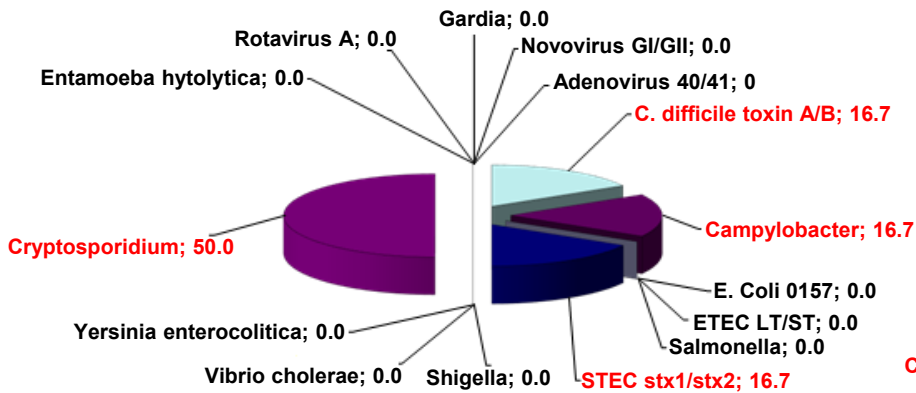
Diarrheic children – Emergency unit

Detected pathogens 93/119 (78 %)

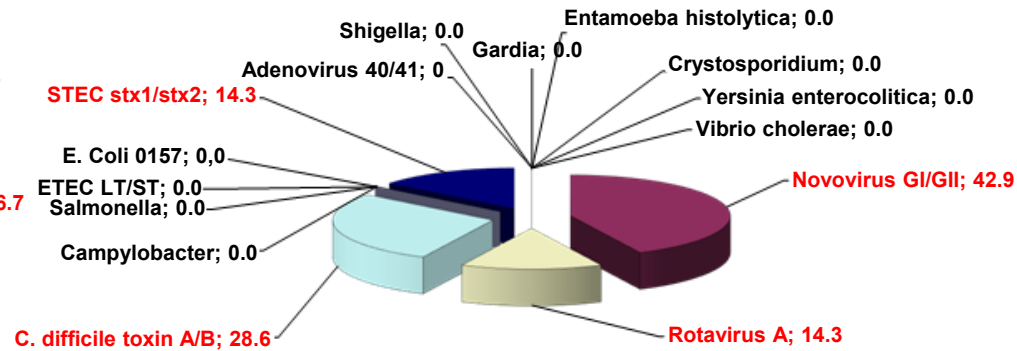
Virus 70 % - Bacteria 25 % - Parasite 5 %

Gastrointestinal pathogens

Luminex-based molecular assay – Core lab 4h



Diarrheic children – Neonatology unit
Detected pathogens 8/60 (13 %)
Co-infections (0 %)

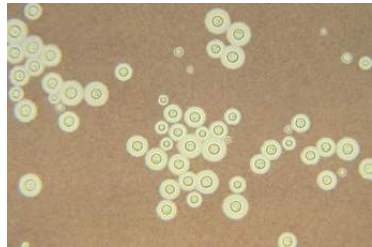


Diarrheic children – Hematology unit
Detected pathogens 9/53 (17 %)
Co-infections (0 %)

CNS pathogens

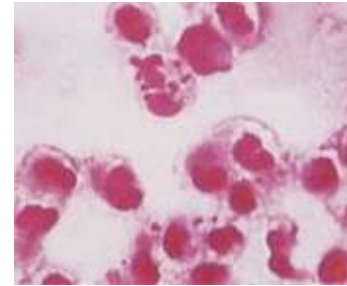
Meningitis & encephalitis

Fungi



Cryptococcus

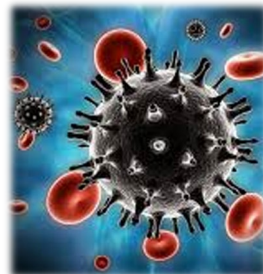
Bacteria



Neisseria meningitidis
S pneumoniae
Listeria m
Haemophilus
S agalactiae
E coli KI

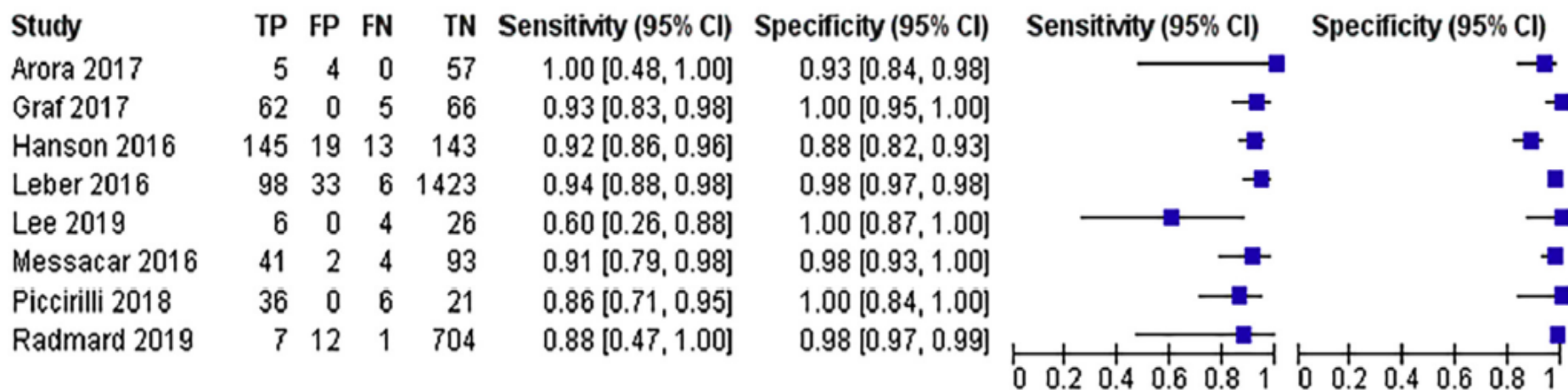


Virus



HSV-1, HSV-2
Enterovirus, VZV, CMV, HHV6,
Parechovirus

Diagnostic test accuracy of the BioFire FilmArray meningitis/encephalitis panel



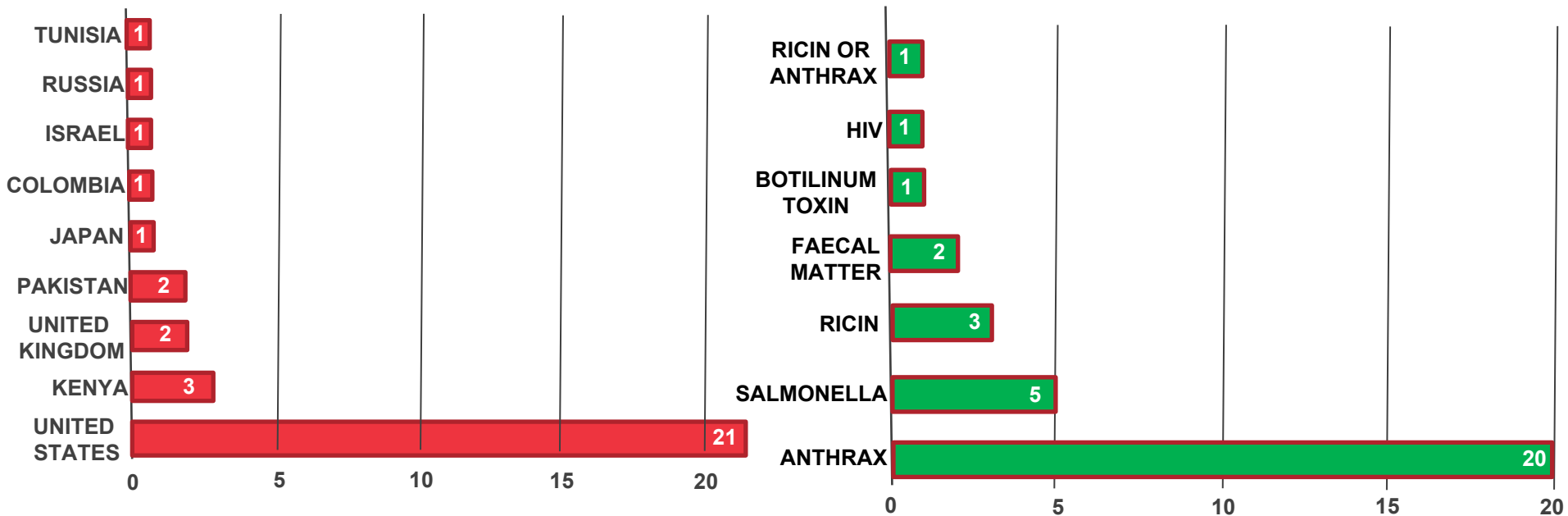
PPV : 85.1 %

NPV : 98.7 %

Diagnostic test accuracy of the BioFire FilmArray meningitis/encephalitis panel

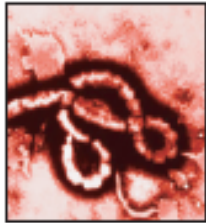
	Ref. Test 1			Ref. Test 2		
	No. Studies/No. Patients	Sensitivity (95%CI)	Specificity (95%CI)	No. Studies/No. Patients	Sensitivity (95%CI)	Specificity (95%CI)
All bacteria	16/6183	89.5 (81.1-94.4)	97.4 (94-98.9)	15/5545	93.5 (87.8-96.6)	99.1 (97.8-99.6)
<i>S. Pneumonia</i>	16/7090	87.5 (77-94)	98.5 (97-99.3)	10/5287	93 (83.3-97.2)	99.4 (98.2-99.8)
<i>H. Influenza</i>	10/4959	64.9 (39.5-84)	99.4 (98.9-99.6)	7/3176	81.1 (55.6-93.6)	99.8 (99.5-99.9)
<i>S. agalactiae</i>	10/5266	71.5 (49.6-86;5)	99.5 (98.5-99.9)	5/2543	81.4 (52.3-94.6)	99.4 (97.7-99.9)
<i>E. coli</i>	11/4743	70.9 (50.2-85.5)	99.6 (99.1-99.8)	5/2570	76.3 (47.6-91.9)	99.6 (98.7-99.9)
<i>N. meningitidis</i>	10/3501	74.5 (52.9-88.4)	99.1 (98.6-99.5)	5/1950	84.4 (53.9-96.2)	99.1 (98.8-99.9)
<i>L. monocytogens</i>	7/1332	70.4 (40-89.5)	98.9 (96.9-99.6)	3/550	80.4 (40.4-96.1)	99.5 (97.8-99.9)
Enterovirus	3/6883	93.8 (87-97.2)	99.3 (98.7-99.7)	3/6883	99.8 (86.1-97.4)	99.9 (99.7-100)
HSV-1	3/6883	75.5 (51.2-90.1)	99.9 (94.7-100)	3/6883	78.2 (58.1-90.3)	99.9 (99.8-100)
HSV-2	3/6883	94.4 (83.9-98.2)	99.9 (99.7-100)	3/6883	94.5 (84.2-98.2)	99.9 (99.8-100)
VZV	4/6897	91.4 (78.9-96.9)	99.8 (98.7-100)	4/6897	93.3 (83.6-97.4)	99.9 (99.6-100)

Biological agents used in terrorist attacks 1970-2019



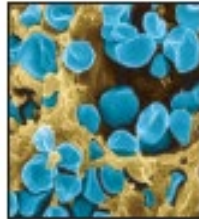
Global Fever Panel

FilmArray – 19 targets – 1 hour – 2min hands-on time



**9
Viruses**

**Ebola
Marburg
Lassa
Crimean-Congo
Dengue
Zika
Chikungunya
West-Nile
Yellow fever**



**6
Bacteria**

**Bacillus anthracis
Francisella tularensis
Leptosira
Salmonella Typhi
Salmonella Paratyphi
Yersinia pestis**



**4
Protozoa**

**Leishmania
Plasmodium
P. falciparum
P. vivax/ovale**



Performance of clinical metagenomics in France: a prospective observational study

Jacques Fourgeaud, Béatrice Regnault*, Vichita Ok, Nicolas Da Rocha, Émilie Sitterlé, Meryem Mekouar, Hélène Faury, Catherine Milliancourt-Seels, Florence Jagorel, Delphine Chrétien, Thomas Bigot, Éric Troadec, Isabelle Marques, Alexandra Serris, Danielle Seilhean, Bénédicte Neven, Pierre Frange, Agnès Ferroni, Marc Lecuit, Xavier Nassif, Olivier Lortholary†, Marianne Lervez-Villet, Philippe Pérot†, Marc Eloit‡, Anne Jamet‡*

Lancet Microbe 2024; 5: e52-61

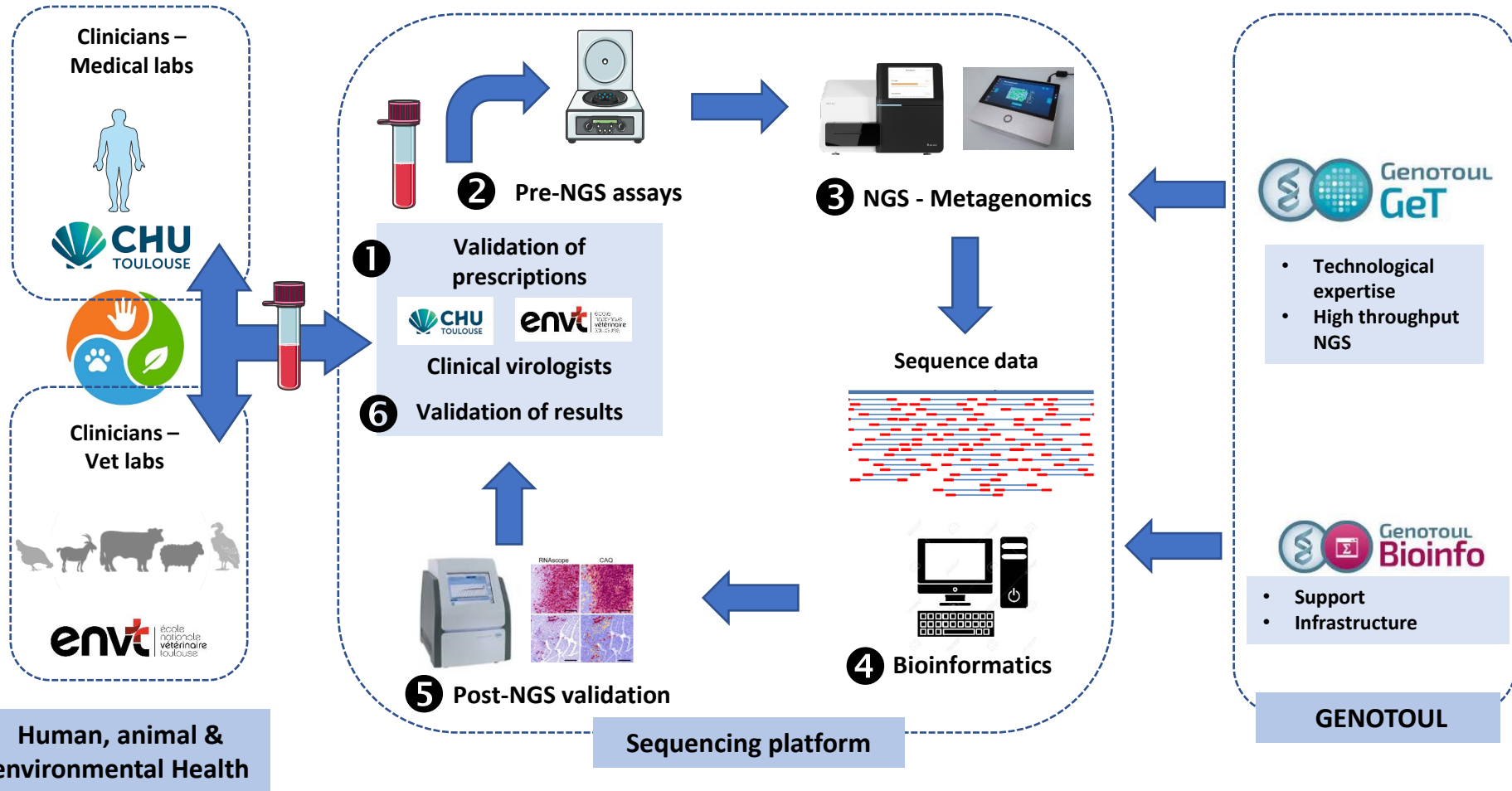
SURVEILLANCE FOR EMERGING AND REEMERGING PATHOGENS USING PATHOGEN AGNOSTIC METAGENOMIC SEQUENCING IN THE UNITED STATES: A CRITICAL ROLE FOR FEDERAL GOVERNMENT AGENCIES

Diane L. Downie, Preetika Rao, Corinne David-Ferdon, Sean Courtney, Justin S. Lee, Claire Quiner, Pia D. M. MacDonald, Keegan Barnes, Shelby Fisher, Joanne L. Andreadis, Jasmine Chaitram, Matthew R. Mauldin, Reynolds M. Salerno, Jarad Schiffer, and Adi V. Gundlapalli

Health Security

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Toulouse Metagenomics Platform



Summary

- ✓ **Leverage on developments and lessons learned from the COVID-19 pandemic are key for syndromic approaches**
- ✓ **Rapid diagnostics of respiratory pathogens (cocirculating) is crucial for optimal patient care and control measure to reduce transmission**
- ✓ **Algorithms for prioritization of types of tests / combination of tests**
- ✓ **Cost-effectiveness studies are needed**

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